

List of rights in the UDHR

Article 1	Everyone is born equal
Article 2	Freedom from Discrimination
Article 3	Right to Life, Liberty, Personal Security
Article 4	Freedom from Slavery
Article 5	Freedom from Torture and Degrading Treatment
Article 6	Right to Recognition as a Person before the Law
Article 7	Right to Equality before the Law
Article 8	Right to Remedy by Competent Tribunal
Article 9	Freedom from Arbitrary Arrest, detention and Exile
Article 10	Right to Fair Public Hearing
Article 11	Right to be Considered Innocent until Proven Guilty
Article 12	Freedom from Interference with Privacy, or reputation
Article 13	Right to Free Movement
Article 14	Right to Asylum
Article 15	Right to a Nationality and the Freedom to Change It
Article 16	Right to Marriage and Family
Article 17	Right to Own Property
Article 18	Freedom of Belief and Religion
Article 19	Freedom of Expression and Information
Article 20	Right of Peaceful Assembly and Association
Article 21	Right to Participate in Government and in Free Elections
Article 22	Right to Social Security
Article 23	Right to Work and to Join Trade Unions
Article 24	Right to Rest and Leisure
Article 25	Right to Adequate Living Standard, including health, food, housing.
Article 26	Right to Education
Article 27	Right to Participate in the Cultural Life of Community
Article 28	Right to a world where human rights are protected
Article 29	Community Duties Essential to Free and Full Development
Article 30	Duty not to use rights to interfere with others

Nine core HUMAN RIGHTS international treaties: in order of coming into force.

1. ICERD: International Convention on the Elimination of All Forms of Racial Discrimination.
Adopted 1965. Into force 1969.

2. ICESCR: International Covenant on Economic, Social and Cultural Rights.
Adopted 1966. Into force 1976
Optional Protocol: Individual Complaints. Adopted 2008 (not yet in force)

3. ICCPR: International Covenant on Civil and Political Rights
Adopted 1966. Into force 1976
OP: Individual Complaints. Adopted 1966. Into force 1976
OP: Death Penalty. Adopted 1989. Into force 1991

4. CEDAW: Convention on the Elimination of All Forms of Discrimination against Women
Adopted 1979. Into force 1981
OP: Individual Complaints. Adopted 1999. Into force 2000

5. CAT: Convention against Torture and Other Cruel, Inhuman or Degrading Treatment or Punishment
Adopted 1984. Into force 1987
OP: Investigation and visits Adopted 2002. Into force 2006

6. CRC: Convention on the Rights of the Child
Adopted 1989. Into force 1990
OP: Children in Armed Conflict. Adopted 2000. Into force 2002
OP: Sale of children, child prostitution, pornography. Adopted 2000. Into force 2002

7. MWC: International Convention on the Protection of the Rights of All Migrant Workers and Members
Of Their Families
Adopted 1990. Into force 2003

8. CRPD: Convention on the Rights of Persons with Disabilities
Adopted 2006. Into Force 3 May 2008
OP: Individual complaints. Adopted 2006. Into Force 3 May 2008

9. ICED: International Convention for the Protection of All Persons from Enforced Disappearance
Adopted 2006. Into Force 23 December, 2010